## Protective measures.

TO BE FOLLOWED DURING COVID-19



Wash your hands with soap and water regularly

If soap and water is not available, use hand sanitizer with at least 60% alcohol





Cover your nose & mouth with a handkerchief/tissue or your upper arm while sneezing/coughing.

Throw used tissues into closed bins immediately after use



Wash your hands before touching eyes, nose and mouth



Wear a face mask whenever you go outside

If you develop fever, cough and difficulty breathing, seek medical advice promptly

Avoid mass gathering and crowded place. A distance of at least 1 meter is necessary to ensure safety for all



